

# Age Appropriate Chores

## Ages 2-3

- Put away toys and books.
- Put dirty clothes in hamper.
- Throw away trash.
- Help feed family pets.
- Help with dusting furniture.
- Help fold towels and washcloths.
- Help with making their bed.

## Ages 8-9

- All previous age chores, without help.
- Wipe down baseboards.
- Handwash the dishes.
- Clean bathroom sinks and counters.
- Set the kitchen table.
- Clean bathroom mirrors.
- Help with sorting laundry.
- Help change bed sheets.

## Ages 4-5

- All previous age chores, without help.
- Collect the indoor trash.
- Clean out from under bed.
- Discover a treasure!
- Organize front shoe closet.
- Pick up sticks in the yard.
- Help unload the dishwasher.
- Help with preparing meals.
- Help rake the leaves.

## Ages 10-11

- All previous age chores, without help.
- Broom and dustpan floors.
- Collect the mail.
- Make breakfast for siblings.
- Blow leaves off the driveway.
- Wipe down kitchen cabinets.
- Disinfect kitchen counters.
- Take trash to the curb.
- Clean up after family pets.

## Ages 6-7

- All previous age chores, without help.
- Vacuum carpet floors.
- Hang up shirts and put away folded clothes.
- Disinfect TV remotes, game controllers, and door knobs.
- Dust mini blinds.
- Water the house plants.
- Wipe down the inside of the microwave.
- Help with pulling weeds.
- Help shovel snow off driveway.
- Help with bathing family pet.

## Ages 12+

- All previous age chores, without help.
- Clean toilets and tubs.
- Cook simple meals.
- Wash vehicle inside and out.
- Take the family pet for walk.
- Mow the grass.
- Start and switch the laundry.
- Mop hard floors.
- Wash down house windows.
- Babysit younger siblings.
- Help with home repairs.



# Age Appropriate Responsibilities

## Ages 2-3

- Eat a yummy breakfast.
- Take a great nap!
- Comb hair..
- Read a learning book with a family member.
- Give high fives to brothers and sisters.
- Just play!
- Help with brushing teeth.
- Help make their bed.
- Help get dressed, unless it's PJ day!

## Ages 8-9

- All previous age responsibilities, without help.
- Write a letter to a far away family member.
- Tell someone a joke.
- Make it to bed by bedtime.
- Do a puzzle.
- Play with a sibling.
- Go cloud watching outside.
- Fly a kite.
- Organize bedroom space.

## Ages 4-5

- All previous age responsibilities, without help.
- Eat a brainy breakfast.
- Pick out their clothes on their own.
- Read a grade appropriate book with a family member.
- Do something nice for a family member.
- Draw, paint, or craft.
- Have a dance party!
- Help floss teeth
- Help get washed up in the shower.

## Ages 10-11

- All previous age responsibilities, without help.
- Trim nails with clippers.
- Read for 30 minutes.
- Write a short story.
- Camp in your backyard.
- Write a letter to your future self.
- Pack their lunch for school.

## Ages 6-7

- All previous age responsibilities, without help.
- Use mouthwash before bed.
- Give someone a compliment.
- Learn something new.
- Build a awesome fort with blankets!
- Create something.
- Learn parents phone number and address.

## Ages 12+

- All previous age responsibilities, without help.
- Exercise for 10 minutes.
- Have a phone conversation with a family member.
- Read a book to a younger sibling.
- Get up on their own and get ready for school.
- Make sure they have everything they need for the day.
- Volunteer at a soup kitchen.



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